



Dissolving the EGO Realizing the Self: Contemplations from the Teachingsof David R. Hawkins, M.D., Ph.D.

By Scott Jeffrey

Hay House Inc. Paperback. Book Condition: new. BRAND NEW, Dissolving the EGO Realizing the Self: Contemplations from the Teachingsof David R. Hawkins, M.D., Ph.D., Scott Jeffrey, How does one traverse the spiritual landscape to move beyond suffering to experience the peace and love of God, to transcend illusion and realize the state of enlightenment? In this collection of inspiring passages from David R. Hawkins's work, the reader is reminded of the illusory nature of the personal self (identification of the ego/mind) and the direct pathways to transcend the ego/mind's trappings. This pocket edition is designed especially for today's spiritual student on the go, and is reliable companion on the aspirant's quest toward higher truth.



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